



March 2008

## MESSAGE FROM YOUR WAGON MASTER

### Welcome Lazy Dazers to Butterfield Ranch!

We returned here last October for the first time in eight years; due to the terrible wildfires that had most of So. Cal a blaze, understandably there was a very small turn-out of only 64 very determined Lazy Dazers. We escaped the smoke and for a short time there were no roads open to get home even if we wanted. We made the best of a bad situation and had a good time even though our thoughts were focused on the devastation that was happening to the west. This time there will be no fires and the weather should be glorious (please no wind!) The desert flowers are at their peak; only once every few years do we have the good fortune to witness Mother Nature doing her best in what can be a harsh but fragile environment. I do hope you get the chance to make it over to the Anza Borrego State Park Visitors Center to see a wonderful display of sand verbena, ocotillo, cholla, beavertail cactus just to name a few. I have several books and maps about the Anza Borrego desert and will loan them out to anyone interested (please return them before you head home!)

The Lazy Daze Caravan Club has a long history coming to Butterfield Ranch. The records I have go back to February 1987 when there were 261 Rigs in camp. Needless to say we took over the entire ranch filling the Meadow as well as the Circle areas. Our second largest campout in the history of the club was here February 1990 when 309 rigs checked in (the most was at Mojave Narrows with 313.) The thirteen straight years we came here the average attendance was 235 rigs per caravan. We don't have those enormous numbers anymore but for current-day rally standards having 100+ rigs is significant.

Some of the club's historic events took place here: It was February 1988 when we had the largest turn-out of 1st Timers with a total of twenty-five receiving their rig numbers!!! Known as the "*Butterfield '88*" they held reunions every year we were here clear up to 1999, the last year we came. One year it snowed while here and the General Meeting was held over the CB. In 1996 the Life-Flight helicopter came not once but twice in the same day to take Lazy Dazers to the hospital in Escondido where fortunately both recovered fully from heart attacks. I'm sure there were many more memorable events that took place as with all caravans and if those that were here in the early days would like to write about what went on back then – I'm sure the new generation of Lazy Dazers would love to read in the Caravaner about the adventures that took place here at Butterfield Ranch.

This caravan we are celebrating Easter, even though a bit early – Easter falls on March 23rd this year which would be our regular weekend for the outing, that's why we're here a week earlier than usual. I hope you have come prepared to take part in the annual *Easter Bonnet Parade* held during the General Meeting; it's always a fun event where both guys and gals show off their crazy creations. Linda Geneser and Laureta Gibbs have put together a huge Easter Egg Hunt following the meeting so grab a bag, basket, bucket, or bowl and join in to find some prized eggs. It's fun to get involved!

I sure hope you're enjoying this "new" location; I say "new" not that we haven't been here before, but "new" in the sense that it has risen from a near demise from almost eight years of abandonment. The current owners had the foresight to see its potential and have put in a ton of money and countless hours of hard work to bring it back to a usable state, with work still in progress. Let's make all their efforts worthwhile by showing our appreciation with a large turn-out. We have a contract to come here in October and hopefully with a large attendance we can retain the same price for March and October of 2009. The price I can negotiate is determined by previous camping night numbers – so you see your attendance means a lot; not just the opportunity to enjoy your company, but each attendee boost the chance to keep the price down. I know the cost of gas keeps going up, but one way to overcome the problem is to consider the outings a major part of your entertainment budget; how about forgoing trips to the movies, dinner at a nice restaurant or give-up that daily trip to Starbucks (forgive me Barbara). What better entertainment can there be than having a wonderful time with lots of wonderful Lazy Dazers all for the price of a full tank of gas! It's something to think about!

Rosemary

## A Word From Your Assistant Wagon Master

After a very cold, windy and rainy outing to Buena Vista I am looking forward to a warm and beautiful campout here at Butterfield. The camp ground is incredible with so many things for us to do.



One of the things we are going to get to do is our annual Easter Egg Hunt. Yes Easter is early this year and I must admit that it caught me off guard. I had to regroup and get the planning gears in motion. Laureta Gibbs is one of my helpers. Between the two of us we stuff more than 250 plastic eggs, yikes, for all of you to find. There is something in every one of them. We will have nice prizes at the end of the hunt for 1st most found, 2nd, 3rd, 4th, and 5th. Do bring something to put them in as you find them.

We will also be having our Easter Bonnet parade on Saturday before the meeting. I do hope that you ladies and gents brought a bonnet, cap, hat, fedora, or whatever to show us. We have had some wonderful ones in the past. I look forward to seeing them this year. If you forget and need one come see me as I always bring extra.

Have a wonderful campout friends and I will see you out and about.

*Linda GeneSer*

Assistant Wagon Master



## COPPER CANYON TRIP

There were eighteen rigs that went on the trip to Mexico. I believe the feeling is mutual between all of us that the trip was a success. We were teased by the wagon masters that they heard so much about Lazy Daze that Tracks to Adventure sent three wagon masters to control us. Truthfully we had one extra who was in training on the trip from Creel to Durango.

The drive from Durango to Mazatlan was gorgeous, but watch out on the curves when a big rig is coming down. A few of us had close calls so we started relaying back to the end of the caravan if a semi was coming.

At Durango, we were entertained unexpectedly by a young group of Mariachi players from the only school in Mexico teaching authentic Mariachi music. Also, the head of the Tourism Board for the State of Durango presented us with a small bottle of Mezcal on behalf of the Governor.

We had police escort several times and the Green Angels were along with us and it's a good thing for one of our rigs catalytic converter went out and it took them roughly three days to by-pass it so they could leave with us. Also, one of the rigs had a flat tire and a dead battery.

I just mentioned a few high-lights of the trip but just ask any "Tracker" and they will bore you with pictures and tales.

The only people missing in our group picture were Rose Cleek, Carol Ashley, Jerry and Diane Tomlinson, wagon master.





## HIGHWAY HUGS

Laureta & Joe Gibbs (AKA Mama & Papa Bear)

After the very long update article last month in the Caravaner, we are sparing you the reading this month. Just a brief "THANK YOU" to everyone for the great, great bears and friends. Once again we had a car full of these loving critters that you have so generously donated. We got ALL PERFECT CRITTERS, that is, perfect size, kind, and for sure, huggability. WONDERFUL!!!!!!! Thank you!!!!!!!

Laureta Gibbs (AKA Mama Bear)

After much thought and discussion it was decided to cancel the Women's Only meeting at Lake Buena Vista. Good thing, too, because a wild wind began to blow just at 2:00 PM and we would have blown away/frozen/wished we were someplace else/all of the above. Therefore, at Butterfield Ranch we will be having the meeting that was prepared for February, with a few changes and additions.



Laureta Gibbs (Mama Bear)

We will be talking about heart health, healthy eating and colors of foods, there will be questions (and answers), a bit of munching (you know what), some exercise ideas, playtime (?) and who knows what else, plus time for your thoughts, questions, comments, ideas for future meetings. Please plan to come and meet new people, enjoy some social time, maybe even learn something new, and by all means have fun. First timers please give it a try. I look forward to seeing you at 2:00 PM on Friday in the meeting room. Listen to the morning announcements on Friday for any possible updates. See you then!!!!!!



## LIVE OAK CRAFT CLASS

Mona Shaner—#2817

Back by popular demand is Mona's Sweat Shop Shirt Class. There is a sign up sheet on the bulletin board for those who missed out last time. In order for you to gather your supplies, I have a copy of the supply list for the 10 new names that get there first. This class will be on Thursday, May 15th at 10:30 am in the Live Oak Pavilion. If you took the class last year, you do not need to sign up. Just bring your supplies and instructions to the class. You may be called on to assist the frazzled teacher with her new students. Also, if you have completed your shirt from last year I would appreciate it if you would also bring it to this class so the new students could see a variety of styles, ideas and colors. Any questions you may have can be answered at this caravan or email me at [MonaL@sbcglobal.net](mailto:MonaL@sbcglobal.net).

## Scrapbook 101

Katharine Spencer—#2743

Tell the story of your past and save the events that are so important to you-- the travels, the births, the new homes or the Grandchildren. What ever is important to you is just perfect to put into a Scrapbook. We were smoked out from our Class in October, but we are back on schedule now. Bring your 6-9 photos, scissors and \$4 to cover the cost of supplies to our beginning Scrapbook class. You will learn about all the necessary things to get started-- like materials, safety issues in protecting our photos and finished projects, and a how to get organized. Our goal is to get several pages completed for your beginning Scrapbook. Listen to the morning announcements and check the schedule for the time and place of our class or check with Katharine Spencer—#2743 for more information. This is a really fun activity and I can hardly wait to share the fun with you.



# End of an Era

Submitted by  
Rosemary Webb

Some of you may know that Ron & Lupe Von Soosten have not been coming to the caravans in their Lazy Daze for over a year. Ron sold the rig right after the December 2006 caravan with the expectation that they would take delivery of a 30 footer on the new Kodiak chassis within a few months. As with all new developing projects, many unforeseen problems arose thus delaying its completion. Having gone without a Lazy Daze for over a year, has led them to make the difficult decision to take off a year of camping to see if a different life-style is for them; therefore officially retiring from the club officer position as Record Keeper.

For the past ten (10) caravans Ron has driven his car to every campout, just for the day, in order to conduct the 1st Timers meeting; he has continued to do all of the record keeping, generating the necessary reports every month, making badges, working with the factory in mailing the monthly newsletters, etc. etc. etc. the list goes on. This kind of dedication is phenomenal!

Now that Ron & Lupe are officially no longer members of the club I feel its time to let you know just some of the things he has done for the club. Since I've been Wagonmaster he has clearly stressed to me and sworn me to secrecy not to tell the members all that he does behind the scenes; he has never wanted any recognition for what he's done, he says he gets an immense amount of gratification knowing that what he contributes, be it time and/or money, has helped make what has been an enormous part of their lives, the success it is.

January 17, 1975, 33 years ago a very young Ron & Lupe Von Soosten joined the club and were issued Rig #752; Craig, their now grown son was just a few weeks old when they brought him to his first campout. He literally grew up in the caravan! Ron was recognized "Caravaner of the Year" back in 1989 for his steadfast service to the club. Some 23 years ago he was the one that had the foresight to see that the clubs record keeping needed to be brought into the computer age; he then developed/wrote what was then the state of the art data program. He has long worked closely with the factory to coordinate the mailing list keeping it current and when Lazy Daze was short on office help, he offered to help them out and prepare the mailings for them. He has provided much out of his own pocket to enhance the 1st Timers program – never charging the club for envelopes, paper, ink, classy pens as gifts, the list is long – all at his own expense, solely because he wants this club to be first-rate in every way. Ron has agreed to continue to do the name badges and caravan anniversary badges for us. He has the knowledge, equipment and expertise and says it's his way he can continue to help the club out.

Ron made other kinds of contributions to the club; how can we ever forget his crazy exuberance every time he won Pot of Gold, or when the large white "Easter Bunny" made like he was shot when hearing gun-fire up the canyon at Stagecoach or when "Ronda," the ballerina finally showed up at the Halloween parade after getting stuck in the rig because the air inflated costume wouldn't fit through the door. Ron did all these and more crazy antics to create a fun and relaxed atmosphere. It worked! Because we all had a good laugh and he made it tremendously okay to act silly. That's a priceless contribution that most wouldn't think of as being significant.

Words fail to express my gratitude to Ron for all that he has done for the past 33 years, for his contributions, be it ideas, time or monetary, all of which has always been for the betterment of the club. My gratitude is especially great for a unforgettable conversation I had with him and Harry "Crabby" Edgcomb on a sunny Sunday morning at Santee Lakes back in March 2002 when they approached me with the idea for me to become Wagonmaster. If it wasn't for that conversation I would have not been privileged to have neither this position as your Wagonmaster nor the opportunity to work closely with Ron and share his love of the Lazy Daze Caravan Club.

A ton of Thank You's goes to Lupe who was known as a Lazy Daze volunteer "widow", when Ron was taking care of business it left her pretty much on her own. She was always standing, if not next to him, but was behind him (in the supporting sense) all the way.

It was a very difficult decision for them to make to leave the club but one that they both feel will be for the best. "It's not to say we will stay away forever" Ron said. Possibly if and when the time is right we could see Rig #752 once again roll into camp for their 219th caravan.

**THANK YOU BOTH  
FOR 33 WONDERFUL YEARS!  
YOU'LL BE MISSED!**

Footnote:

Ron has agreed to work with his replacement that will once again move the club further into the 21st Century. It has long been known that when Ron wrote the program DOS D-Base was the state of the art database program at that time. Marlin Zabel #2861 has graciously come forward to take on the task of updating the system to make it more compatible in an up-to-date program. Its people like Marlin and so many others like him that make this club so special, by quietly stepping up and offering their help when needed most.

# GUIDELINES FOR HOSTING FIRST TIMERS

**PURPOSE:** The reason for hosting First Timers is to ensure they have an enjoyable time at their first caravan and to encourage them to return. Additional reasons for hosting include recruiting new members for your group and fostering fellowship.

**HOSTING:** Hosting First Timers is voluntary. The Wagon Master will make every effort that there are multiple host groups for each caravan so no one group is overwhelmed by having to host a large number of First Timers. Hosting First Timers is not limited to groups. "At Large" members are also encouraged to volunteer to host First Timers.

Volunteering to host First Timers does come with some obligation.

#1 It is essential that at least one member of the group be in camp at all times to receive First Timers as they arrive.

#2 If your group has activities planned that are off site, remember to invite the First Timers to join you, but not make them feel obligated to take part.

#3 Remember, even though you have planned off site activities, it is necessary that someone from your group will remain in camp to welcome additional First Timers.

#4 Those hosting First Timers are asked to set aside a minimum of three (3) parking sites. A member from the hosting group will be responsible for picking up First Timer parking cones from the Wagon Master as soon as they arrive in camp. These cones are to be promptly set-out within your group area as reserved sites for First Timers use only.

#5 It is important that First Timers be accepted into your group like guests and an invitation is extended to participate in all of your caravan activities.

#6 Inform First Timers that they are under no obligation to join your group, but extend an open invitation to camp with your group at the next caravan, if they so choose.

**NOTE:** You will be the First Timers first impression of what the Lazy Daze Caravan Club is all about. It is your responsibility to make sure that you are there to help out if needed; to answer their questions, to inform them of the clubs activities and make sure they attend the First Timers Meeting on Saturday, to introduce them to other Lazy Dazers, to help make this occasion an enjoyable one, but most important, to make them feel welcome and part of the Lazy Daze family.

*Remember, we "were all First Timers once!"*

# WE SALUTE YOU

## HOST TENT VOLUNTEERS FOR FEBRUARY

We were knocked about by the weather at Buena Vista. But between the wind and the rain we had a great bunch of very willing host tent helpers, even though we had to pull the tent down on Friday and work out of our rigs from then on. Those that weathered the storms were:

Vern and Charlene Turrerrow

Allen and Sue Mercer

Florence Moore

Bob and Joanna Wayne

Bob Schmahl

Ruben and Jenny Pasillas

Bob and LuAnne Lowe

Harry and Marie Wilson

Tom and Jan Heimstra

Bill Arthur

Betty Boshma

The Roadrunners

Many more signed up to work for Friday and Saturday but the tent was put away. They have my undying appreciation for wanting to work despite the weather.

Thank you all very much.....

*Linda Geneser*  
Assistant Wagon Master



Joe and Karen Hamm—San Jose, CA #2948



Tim and Norie Sordelet—Las Vegas, NV #2949



Gary and Laurretta Sheetz—Bakersfield, CA #2950



Dennis and Susan Kee—Walnut, CA #2951

## NEW FLEX & STRETCH EXERCISE CLASS

### With Light Weights

(Based on the Arthritis Foundation Classes)

This is an easy exercise class for all seniors who want to move with more ease and less pain. Most moves can be done sitting or standing (holding on to back of chair if needed).

Only equipment you will need is:

1. a pair of closed sturdy shoes.
2. a light jacket.
3. a folding card-table chair or sturdy chair, hopefully with low arms or none
4. a bottle of water-at least 16 oz.
5. Light weights 1# to 3#. Beginners should only use 1# weights. They can be 2-16oz water bottles, 2- 15-16 oz. cans of food or any small, easy to hold objects that are 1# each.

NOTE: regular hand held weights can be purchased cheaply at garage sales, Thrift shops, used Sports stores or sales at regular Sport shops.

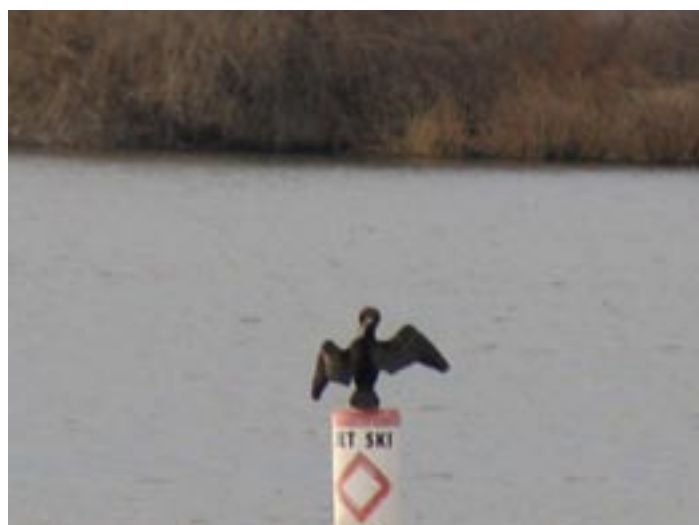
Classes will begin this month & be held approximately at 9:00AM after morning announcements. Class will last approximately 35 minutes. We will be working our face muscles, down to our toes & all between. It will be followed by 15 minutes of weight exercise for those who wish to stay and try weights.

Class days will be Thursdays & Fridays.

Jo Ann Richards



Tree Hugger



Slow Down!



Morning coffee



We squeezed in a Computer Meeting

# Caravaner Anniversaries



Allen and Sue Mercer—25th



Jim and Ann Cook—50th



Rod and Lynne Mortenson—75th



Don and Marjorie Richards—125th



John Noster—125th





# Goodwill Ambassador Report

FRANK LAWRENCE #1891 of the Card Shufflers never recovered from his major stroke. He passed on January 17th.

Back Scratcher, JIM VANLERBERGHE #2787 never truly recovered from his bout with fungal pneumonia. He reentered the hospital coughing up blood. Later, the family felt that he should be removed from the respirator and he passed on February 20th.

JOHN & EMMA ARROYO #2856 of the No Mads are both under the weather. Emma displaced and fractured her upper right arm and John has had a kidney removed.

DON ASHLEY #652 who is with the Firesiders has been diagnosed with prostate cancer.

Another couple, DAVE & CHRISTINE LANDY #1693 of the Lazy Gourmets are both having health issues. Dave is having complications from his by-pass and Christine is having circulation problems.

DARLENE JOHNSON #2380 also of the Firesiders has taken a fall. I have no further information on her condition.

Former Assistant Wagonmaster, YVONNE SAUNDERS #1438 is back in the hospital with a severely broken left ankle. From the report I received she will be hospitalized for at least the next three to four months.

I received a very lovely letter in the mail today (2/26) from FRANK LAWRENCE's family. I will post it on the bulletin board for all to see, as it is a full page and too long for this article.

Cards have been sent to the above members or their family from their Lazy Daze friends. Please send along your personal message for their speedy recovering and remind them that they are missed around the campfires. Just a reminder, that you can see the latest Goodwill News on the Lazy Daze website, if you happen to miss a Caravaner.



MonaL@sbcglobal.net



First Place—Gary Wills and  
Bob (Bobette) Tallmadge  
Second Place—Howard Cleek and  
Carole Hurley

## Washer Toss



## A Rainbow Came Out

Camped alongside Lake Webb (yes!), Lazy Dazers experienced several pretty sunsets, a few red skies at morning, and also viewed approaching storms from across the lake. We were rewarded with a brilliant rainbow near the end of the camping week. Between raindrops, there were some pleasant hours and times when we could observe the bird life that usually could be heard close by. A great horned owl was seen floating from tree to tree- always in the tallest pine tree tops. He/She was all alone this year. The other very large predator was a hawk--I believe a young red-tail. He wasn't scared off by us. I suspect he had had some good meals of the western pocket gophers who had been busy in the lawn areas.

As usual, the flocks of coots swarmed up the edge of the lake and hunted and pecked together. No one encouraged them, I hope, for you know about the green-black stuff they leave behind. Western grebes were solitary paddlers. With sticks for necks, they have black feathers on their backs right up to their heads and white feathers coat their throats and go all the way to the back end of the bird. You'll probably never see them on land as their legs are placed so far back that they actually flop if they would try to walk. Those of you who went over to Lake Evans to fish also saw white pelicans who were ever hopeful of getting their beaks and pouches around a planted fish. Speaking of which, right in camp Bob Hawken finally was rewarded for his efforts with a good-sized rainbow trout.

Tuesday I saw my first robin of this year. By Saturday, I counted twelve. The males arrive first---is spring coming early? Beyond the shower building (Brrr!) a western meadowlark was melodiously singing his heart out hoping to be answered soon. They make their nests on the ground in tall grass. Overhead we could see several styles of nests. The one that brought the most comments was the long, hanging, woven nest that is probably going to be used again by an oriole. In open areas, white-crowned sparrows and Oregon juncoes pecked away. Black phoebes would fly out from a low perch, snack on a flying insect and return to a DIFFERENT perch also not far off the ground. They are found near water sources as they build mud and twig nest up under the eaves of a

building in the manner of some swallows.

At dusk, 3 killdeer were circling overhead looking similar to small gulls, but crying "kil-deeee, kildeeee". Early and late, you could hear "hoo--hoo---hooooo" as separate sounds, the great horned owl. Anytime of the day, the mourning doves were busy sending out their "coo-coo-coo-coooo" all run together. Footprints at the Host Tent and mauled, partially eaten avocados at my site led me to suspect a masked bandit. I also had 2 pots of ranunculus sitting out looking pretty that 2 nights running were turned over and had amounts of their roots eaten off. After the second foray by the creature, I could see partial prints on a wet (now dirty) towel. A good D.A. would get a positive ID of a raccoon. It had come back and finished off the half avocado still under my rig. Live and learn.

Even unable to walk too far, Mother Nature was receiving reports wherever she went as to what was seen where. All questions and observations are worthwhile as long as you learn something. After our stay at Buena Vista last year, I learned that those nests that the owls were near were probably built in a previous year by crows and hawks who nest later and are not there to defend their older efforts the next year. Owls are equal opportunity nesters, or you might say squatters. This conserves energy... for them. Without a major water source close by this month, we will see fewer varieties of our avian friends, but look for flowers out and around, especially in any burned areas, which did not include our camp. Continue with your reporting efforts. I do appreciate them.

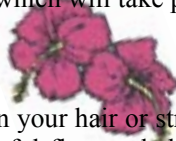
Mother Nature  
aka Lurlie Edgecomb #2285



# Aloha 'oe!

The month of May will be here before we know it and preparations are underway for a trip to the "Big Island" via Live Oak Camp. Get ready for a fantastic fun time at our **1<sup>st</sup> Hawaiian Luau** which will take place on Saturday May 17<sup>th</sup> (time TBA).

There are just two requirements to attend:



#1 – You have to wear something Hawaiian – even if it's a flower in your hair or straw hat – but just think of the fun we'll have if we all get dressed in some real Hawaiian garb! It can be a colorful flowered shirt, beach shorts and flip-flops, or maybe a flowing flowered Mum-mum, or how about a slinky sexy sarong? Even swim-trunks/bathing-suit and towel will do! And of course, some of you'll just have to show-up in grass skirts!!! There might even be a contest to see who is dressed the best. Start thinking about a really cool outfit, it's always so much more fun when you get out and participant.

#2 – In order to attend the Luau we are asking everyone (each rig) to bring a dish to share – what we're looking for are side-dishes, various kinds of salads, decorative fruit platters, all centered on the Hawaiian/Polynesian theme. Each month there will be a page of Hawaiian type recipes in the Caravaner to give you some ideas. Be creative!

The planned Menu is:

- Hawaiian BBQ Chicken with Pineapple
- Hawaiian Rolls
- Various Side-Dishes (pot-luck)
- Various kinds Salads (pot-luck)
- Volcanic Punch & Lemonade or you may furnish own beverage of choice. (Mai Tai's???)
- Cake for desert with coffee available

The club will be providing everything but the side-dishes and salads. Wow! What deal! And all it will cost you is to dress Hawaiian and bring something to share. How fantastic is that? When you bring your contribution and have something Hawaiian on your person – a Hostess will give you a lei, which will be your ticket to receive a dinner plate. (No dress, no dish, no lei, no plate!) Work is in progress to obtain some Hawaiian entertainment to perform for us; maybe even some hula lessons?! More information will be available as plans progress – start thinking about what you'll wear and what yummy dish you'll bring but most of all, the terrific fun you'll have!



The Hawaiian word "Lu'au" (*pronounce loo-ow*) means 'a feast'. A luau is not necessarily a public affair on the luau grounds of a Hotel. For the people who live in the Hawaiian Islands a luau is a gathering of family and friends to enjoy good food, good company, and good times! Let's all enjoy a fun "authentic" Hawaiian luau with our Lazy Daze friends. Remember, the atmosphere at a luau is "Hang Loose". Let's do just that and have some fun!

## HAWAIIAN RECIPES

### Asparagus Salad - a Chinese Salad Recipe

Serves 4 to 6.

#### INGREDIENTS:

- 4 cups water
- 1 pound asparagus, cut diagonally, 2 inches
- 2 tablespoons light soy sauce
- 2 tablespoons sesame seed oil
- ¼ teaspoon sugar
- 1 clove garlic, chopped fine

#### PREPARATION:

Bring 4 cups water to boil in saucepan. Drop in asparagus. Boil 1 minute or until cooked to taste, crisp better. Drain, Rinse with cold water.

Mix next four ingredients (the light soy sauce, sesame seed oil, sugar and chopped garlic) in a bowl. Marinate for 15 minutes.

Pour over the asparagus.

•Note: The dressing may be kept in covered jar in the refrigerator for about a week.

### Joe's Special

- 2 T olive oil, or more as needed
- ½ pound hamburger, ground round da best.
- 1 medium round onion, chopped
- 2-3 cloves garlic, minced.
- 1 pkg frozen chopped spinach, drained

- 1 egg for each person and one for the pot (lightly beaten)
- 1 T Italian seasoning, more as needed
- Salt and pepper to taste
- Parmesan cheese, grated fresh off da block, all what you like serves two people wid leftova for breakfast.

Defrost da spinich and squeeze da liquid out. Beat da three eggs lightly. Get one wok or fry pan hot, medium high heat, and saute, (stir-fry) the onion and garlic until almost soft, look kina shiney, add da hamburger and mix and brown da meat until all da red is gone and everything stay mixed. Salt and pepper. Drain da pan of fat but no pour da res' down da sink. Now sprinkle da spinach ova da meat and mix em all up.

You gotta move fast cause dis stuff no gon wait while you doing somting else. Pour da beaten eggs all ova da meat an spinach and stir-fry some more, keep tossing until slightly firm and da eggs stayset. (about 30 seconds). Take off da fire, taste and adjust the seasoning, den spoon onto da warm plates. Add the parmesean cheese al! ova. A little tossed tomato and lettuce salad wid Italian dressing, oil and vinegar and more cheese on da salad goes great wid dis...

Fo shua get Hard San Francisco Sour Dough Bread wid lots of butter and get ready fo have seconds. Consida one giass red fo really make dis numbah one ono.

## Hawaiian “Fly Lice”

- 6 C rice, cooked, cold, leftover yesterdays ok, last weeks frozen ok, older no ok.
- 2 lg eggs; beatem lightly, pinch of salt
- ½ t Salt
- 1 T minced round onion
- 2 T soy sauce, Kikkomon
- 1 t wine, dry, splash ok
- 2 green onion stalks, chopped fine
- 1 c peas; frozen thawed

4 T peanut oil, (a must); use less oil if you no like ono kine Fo super kine “Fly Lice,” add tin slices and bits Lup Chong, (Chinese sausage) ham, smail shiimp, Chinese least pork, (char siu) lobster, spam (all optionat an oney some or all, what you fella like).

In one hot wok, try add one big spoon peanut oil. When da oil stay hot, easy kine, pour da egg stuff in cfa wok an try cook lidda bit wid da Rine medium heat for couple minutes, rolling da pan aroun for make da egg stay on da side of da wok and den, wen set, roll em down da wok an huli da egg over to cook da other side.

Cookem for more 2 minutes and den hemo from da wok to one cutting board. Den rollem up an cut da egg in small

strips,bits an piece, like one sliver fo add to da rice later, maybe 1/4” w x 2” long. Main ting keep everything small bits and strips.

Now, try use medium heat an add 3 small spoons peanut oil into da wok an wait until da smoke begin to rise. Auwe, da smoke alarm.

Tro in da minced onion and da lup chong if you are using it, an cook until softened and cooked, den add da cooked rice, da salt, da wine, and da soy sauce. Mixem up an keep mixing all togerida until da rice and all stay cooked an hot. Den, try tro in da peas, da egg slivers, an da chop green onion an keep stirring for anodda minute or so den, wen ready, serve you frens but make shua da bugga stay nice an hot.

Some guys put one sunny side fried egg on top da rice and den serve. Up to you Bra.

## Serve Tropical Fruits from Hawaii

Pineapples are delicious and good for you. They are high in vitamin C and have an enzyme that aide in digestion. A tip for serving fresh pineapples is to leaving the skin on; cut the top off then cute each pineapple into quarter’s length wise. You can then cut the quarters into portions but don’t cut it all the way through the skin. The skin will act as a serving bowl and each quarter can be put on a table. Those who want some can easily break off a single serving portion.

To create Pineapple Boats by taking a whole pineapple with the skin and top still on and cut it in half lengthwise. Scoop/cut out the pineapple meat leaving the skin and top. Then fill each pineapple half with the pineapple pieces and other fruits like sliced banana, apples slices, grapes, strawberries, etc.

Pineapples make a great item to stick fruit skewers into for serving. Create fruit skewers using items like different kinds of melon, kiwi, pineapple chunks, papaya, and strawberries. Then stick the skewer pointy end into the pineapple to serve.

Papaya is another delicious tropical fruit popular in the Hawaiian Islands. Papayas are great sliced into spears and served on their own or cut into cubes and put into a fruit salad or on fruit skewers. Fresh papaya also makes a great salsa! Fresh papaya is also healthy for you and contains enzymes which are excellent for your digestive system. They are a perfect complement to any luau!

## FRESH FRUIT PLATE

Pineapple chunks  
Papaya slices

Fresh pineapple and papaya help to aide digestion and are an excellent side dish. Other fresh fruit options you can also add are fresh strawberries, grapes, watermelon, and bananas.

## HAWAIIAN AMBROSIA

8 ounce can of crushed pineapple, drained  
11 ounce can mandarin oranges, drained  
3 1/2 cups Cool Whip  
2 cups shredded coconut  
2 cups mini marshmallows  
1/2 cup milk  
1 cup maraschino cherries

In a large bowl add pineapple, mandarin oranges, whipped topping, coconut, marshmallows and milk. Mix gently. Chill 1 hour. Garnish with cherries before serving.

Serves 12.



Hawaiians have a love affair with Spam - they eat it as a delicacy, adding it to soups and stews, treating it as a side dish for breakfast, and enjoying it as the main event for lunch and dinner. Residents of Hawaii consume more

Spam than populations anywhere else in the world: More than four million cans every year, or an average twelve cans of Spam per person per year. In fact, Hawaii is so well associated with Spam that Hormel even introduced a limited edition "Hawaii" can in 2003.

The Hormel Company, in Austin, Minnesota, developed America's first canned ham in 1926. After the ham's were cut, the company was left with thousands of pounds of nearly worthless pork shoulder. Jay C. Hormel, son of Hormel founder George A. Hormel, developed the ideas of using the pork shoulder in a new product called "Hormel Spiced Ham." Since the name was rather uninspiring, a contest was held at a new year's Eve party for a new name with a \$100 prize to the winner. The winning name was the name it goes by today - Spam. Kenneth Daigneau, an actor and the brother of a Hormel vice president Ralph Daigneau, won the contest.

During World War II, sales of Spam soared. In part because it requires no refrigeration, Spam was perfect for the military and became a standard K-ration for U.S.

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soldiers. Military personnel introduced it in Hawaii and elsewhere.

Did You Know?

SPAM luncheon meat was introduced to the public in 1937.



On March 22, 1994, Hormel Foods Corporation celebrated the production of its five billionth can of SPAM. Five billion cans of SPAM would feed a family of four, three meals a day for 4,566,210 years.

## HAWAIIAN SPAM CASSEROLE

1 can Spam, chopped fine  
2 - 16 oz. cans pineapple chunks, reserve juice  
3/4 cup sugar  
1/3 cup flour  
2 cups sharp shredded cheese

Mix together pineapple and SPAM and place in a greased

9 x 13 pan.

Mix together sugar, flour, pineapple juice

Pour over Pineapple/SPAM mixture

Top with cheese

Topping:

Melt 1 stick of butter in frying pay. Add 1 sleeve of crushed Ritz crackers.

Sauté until golden brown.

Place on top of casserole and bake at 375 degrees for 30 minutes.

## SPAM CASSEROLE

2 (1 lb.) cans Boston baked beans or pork & beans

1 can Spam

1 can sweetened pineapple rings

Cloves

Place Spam flat side into casserole dish. Criss-cross 1 inch deep cuts on Spam. Pour beans around Spam. Place 1 pineapple ring on Spam. Place balance of rings on beans. Put 6 cloves on Spam and 1 clove on each pineapple ring cover and bake 30 minutes at 350 degrees.



Our Luau Cooks

# SAFETY COMMITTEE MESSAGE

Submitted by:

Don and Marjorie Richards

## SAFETY TEAM "BE PREPARED" BULLETIN

Your Safety Team recommends that all travelers should carry a basic First Aid Kit readily available in their vehicle. It should be stocked for their personal needs. Contents suggested by Safety Team Member, Lurlie Edgecomb are:

OF GREATEST IMPORTANCE! Your currently completed Health History form for each passenger:

Antiseptic, liquid and ointment (such as First Aid cream)

Cotton balls and applicators (Q tips)

Bandage assortment

Band aids

Sterile gauze pads (different sizes)

Roller gauze bandage

Ace and triangular bandage

Adhesive tape

Scissors, tweezers, needles

Ice pad

Thermometer

Flashlight (alkaline batteries)

Medications (check for current date)

Personal prescriptions

Antibiotic ointment

Anti-itch cream or lotion such as benadryl Or cortisone cream or calamine lotion

Your Caravan Club has a well-stocked First Aid supply kit for Code Blue use. Minor needs should be personally handled, but the team members are always available for assistance.

We wish you continued happy and safe travels free of emergencies,

Submitted by Don and Marjorie Richards

Safety Team Officers



# Terry's Tech Talk

Tech Talk Article 31

Ford V-10 Spark Plug Blowout

03/2008

There has been much recent talk on the various forums about the design problems with several Ford engines related to the spark plugs either backing out or blowing out. The engine that involves Lazy Daze owners is the earlier V-10 engines up to about model year 2001 and to a lesser extent through model year 2003. The general details of exactly which model years and the specific VIN numbers are not very clear. The information in this article is a summary of two articles in Motor Home Magazine - September 2007 Powertrain Q&A Page 92 and December 2007 Powertrain Q&A Page 96 - and two postings by Caravaner Terry Burnes (Rig #2826) on the "LifeWithALazyDazeRV" Forum - Messages #88738 and #89335.

Ford, like most automobile manufacturers, has switched from the heavy cast iron cylinder heads to lighter aluminum cylinder heads. When the V-10 was introduced, Ford decided to use only four threads in the soft aluminum cylinder head to hold the hard steel spark plug. Ford expects the spark plugs to change at about 100,000 miles or only once in the expected life of the engine. The "only four thread" design was compromised even more by a machining problem in one or more of the production lines that actually left "fewer than four threads" in the cylinder head. The machining problem was discovered and fixed apparently sometime during the 2000 model year. Ford apparently changed the head design sometime during the 2003 model year to have eight threads.

The spark plug can become loose and start to back itself out of the threaded hole in the cylinder head. If you are lucky, the spark plug simply backs out until it is blown out of the hole and just strands you until a new plug can be installed - no easy job on a van chassis. If you are not so lucky, the hard steel plug rattles around in the soft aluminum head on its escape to freedom and damages the threads in the cylinder head complicating the spark plug replacement. If you are unlucky, the plug takes a chunk of the cylinder head with it. When a plug blows out, it can damage or destroy the attached coil as well.

Ford's solution is to simply replace the cylinder heads at thousands of dollars per bank. Fortunately for Ford, the spark plug blowout seldom occurs during the 36 months or 36,000 miles warranty period. It is a "double reward" for Ford - save a few bucks on every engine and get a jack pot reward for fixing many of them later.

If you suffer a damaging spark plug blow out, the solution appears to be an engine replacement, a cylinder head replacement, or some sort of an insert placed in the damaged bore. A niche industry for "inserts" is being created by this Ford design and a leader is [www.blownoutsparkplug.com](http://www.blownoutsparkplug.com) with two California locations - one in Santa Ynez and the other in El Cajon. They also will travel anywhere in the United States to fix a blown out plug. This fix is by far the best option that I have come across.

One way to avoid blowing a spark plug is to have [www.blownoutsparkplug.com](http://www.blownoutsparkplug.com) change all ten plugs at one of their locations for about \$400. For an extra \$100, they will change all of the boots. They use a higher than Ford torque on each plug and they have never had one of their installed plugs blow out. The process takes them about two hours to complete. Check out their web site including the "Testimonials" and "Frequently Asked Questions" pages. This site and the articles referenced in the first paragraph should help you be prepared for a blown plug.

Techsnoz, the "Tech Talk" website.

Check it out at: <http://autos.groups.yahoo.com/group/Techsnoz/>

Terry Tanner Rig #2779



**Keep in the KNOW!**  
**Pick up the latest news — from the**  
**Lazy Daze website!**



Art & Barbara Berggreen #2771  
[www.lazydazecaravanclub.org](http://www.lazydazecaravanclub.org)

## From the Editor

As you know, the Caravaner consists of articles submitted by the Lazy Daze Members. I have enjoyed reading the contributions provided in the past and look forward to new ones as I continue producing the Caravaner.

The deadline for articles is the Sunday following each Caravan. Please e-mail articles as Word documents or in Text format when possible. Clean hard copy prints can also be submitted but I don't guarantee spelling and punctuation after I scan and run my OCR (optical character recognition) program on them.



Thank you for your continuing support in the production of the Caravaner.

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## CHURCH OF THE LAZY DAZE



**ALL ARE WELCOME**  
 Sunday 8:30 a.m.